

# North East **Mountain Bike Orienteering** Series 2009

Saturday 25 <sup>th</sup> April Nembos	BEAMISH Trev Naisbett	3hrs <a href="mailto:nembos@ntlworld.com">nembos@ntlworld.com</a>
Saturday 9 <sup>th</sup> May Peebles RC	GLENTRESS Stuart Gillies	4hrs <a href="mailto:paulm@black-light.com">paulm@black-light.com</a>
Sunday 31 <sup>st</sup> May Nembos	WARK FOREST Steve Watson	4hrs <a href="mailto:stevenwatson1402@yahoo.co.uk">stevenwatson1402@yahoo.co.uk</a>
Sunday 26 <sup>th</sup> July Nembos	ALLENDALE Trev Naisbett	4hrs <a href="mailto:nembos@ntlworld.com">nembos@ntlworld.com</a>
Sunday 29 <sup>th</sup> Aug	MALMAM Malham Show	4hrs <a href="http://www.malhamdale.com">www.malhamdale.com</a>
Saturday 6 <sup>th</sup> Sept Nembos	BLANCHLAND Barry Philipson	3hrs <a href="mailto:3broomfield@tiscali.co.uk">3broomfield@tiscali.co.uk</a>

Of these events Glentress, Wark Forest, Malham and Blanchland are part of this years National Series. For Nembos final league placings to stand you must compete in at least 4 of the 6 events (best 4 results to count).

Any further information please contact Trevor at  
Tel 07806778444.

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## *NEMBOS*

